

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE MEN 10-9 Heat:2, starttime: 14:00

Heat: 2/2 Lane : 6 Athlete: QUARTIER QUINN Q-time: 01:26:84

PB (50m pool): 01:26.84 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:20.82 SB: no time

	5 0 M	1 0 0 M	
PB	00:38.74	01:26.84	
	00:38.74	00:48.10	
			

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 10-9 Heat:1, starttime: 14:05

Heat: 1/2 Lane : 5 Athlete: DAUWE EMMA Q-time: 99:99:99

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 10-9 Heat:2, starttime: 14:10

Heat: 2/2 Lane : 2 Athlete: DE WILDE ELLA Q-time: 99:99:99

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: ROSC

Event number: 14: 200M MEDLEY WOMEN 10-9					Heat:2, starttime: 14:10
Heat: 2/2 Lane : 6 Athlete: BAUWENS ELSA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 14:15
Heat: 1/24 Lane : 5 Athlete: DERUYTER BOIE JULIA MARITH					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:6, starttime: 14:35
Heat: 6/24 Lane : 0 Athlete: DE CLOEDT DELGADO LISA					Q-time: 03:32:24
PB (50m pool): 03:32.24 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 03:14.85 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.66	01:43.83	02:45.55	03:32.24	
	00:47.66	00:56.17	01:01.72	00:46.69	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:6, starttime: 14:35
Heat: 6/24 Lane : 7 Athlete: VANDEVIJVERE LORE					Q-time: 03:28:82
PB (50m pool): no time PB (25m pool): 03:28.82 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: ROSC

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:10, starttime: 14:50
Heat: 10/24 Lane : 9 Athlete: SEGAERT HANNE					Q-time: 03:12:86
PB (50m pool): 03:12.86 Antwerpen 13/07/2025					PB (25m pool): 03:04.33 SB: 03:13.84 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.34	01:33.40	02:29.63	03:12.86	
	00:44.34	00:49.06	00:56.23	00:43.23	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:12, starttime: 15:00
Heat: 12/24 Lane : 1 Athlete: VAN CAUWENBERGE LIO					Q-time: 03:03:80
PB (50m pool): 03:03.80 Brugge 01/02/2026					PB (25m pool): 03:03.49 SB: 03:03.80 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.76	01:28.72	02:23.19	03:03.80	
	00:41.76	00:46.96	00:54.47	00:40.61	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:13, starttime: 15:00
Heat: 13/24 Lane : 5 Athlete: DEKEYSER NORAH					Q-time: 02:59:58
PB (50m pool): 02:59.58 Brugge 01/02/2026					PB (25m pool): 02:58.08 SB: 02:59.58 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.99	01:26.56	02:19.30	02:59.58	
	00:39.99	00:46.57	00:52.74	00:40.28	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:22, starttime: 15:35
Heat: 22/24 Lane : 2 Athlete: DEPAEPE ELIZE					Q-time: 02:38:89
PB (50m pool): 02:38.89 Antwerp 26/01/2025					PB (25m pool): 02:35.74 SB: 02:43.09 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.66	01:14.60	02:03.57	02:38.89	
	00:34.66	00:39.94	00:48.97	00:35.32	
					

Coach feedback:

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: ROSC

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:23, starttime: 15:35
Heat: 23/24 Lane : 7 Athlete: CLAEYS DITTE					Q-time: 02:34:95
PB (50m pool): 02:34.95 Antwerpen 27/04/2025					PB (25m pool): 02:26.78 SB: 02:36.39 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.47	01:12.03	01:59.14	02:34.95	
	00:31.47	00:40.56	00:47.11	00:35.81	
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 10-9					Heat:2, starttime: 16:00
Heat: 2/2 Lane : 5 Athlete: QUARTIER QUINN					Q-time: 01:51:04
PB (50m pool): 01:51.04 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 01:48.39 SB: no time
	5 0 M	1 0 0 M			
PB	00:53.27	01:51.04			
	00:53.27	00:57.77			
					

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:1, starttime: 16:05	
Heat: 1/10 Lane : 0 Athlete: Ferket Aidan							Q-time: 06:01:11	
PB (50m pool): no time			PB (25m pool): 06:01.11 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:1, starttime: 16:05	
Heat: 1/10 Lane : 9 Athlete: MONTENY KENZIE							Q-time: 06:05:21	
PB (50m pool): no time			PB (25m pool): 06:05.21 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: ROSC

Event number: 17: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:25	
Heat: 5/10 Lane : 4 Athlete: VANSIELEGHEM JAYDEN							Q-time: 04:56:55	
PB (50m pool): 04:56.55 Brugge 01/02/2026			PB (25m pool): 04:55.96SB: 04:56.55 Brugge 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.99	01:11.53	01:50.11	02:28.01	03:06.54	03:43.77	04:20.58	04:56.55
	00:33.99	00:37.54	00:38.58	00:37.90	00:38.53	00:37.23	00:36.81	00:35.97
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:25	
Heat: 5/10 Lane : 9 Athlete: DAUWE LARS							Q-time: 05:06:33	
PB (50m pool): no time			PB (25m pool): 05:06.33SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:6, starttime: 16:35	
Heat: 6/10 Lane : 8 Athlete: DEVOS MATHIS							Q-time: 04:55:81	
PB (50m pool): 04:53.48 Antwerpen 21/07/2024			PB (25m pool): 04:48.68SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:53.48
	<i>no time</i>							
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:8, starttime: 16:45	
Heat: 8/10 Lane : 6 Athlete: QUARTIER MATISSE							Q-time: 04:36:23	
PB (50m pool): 04:36.23 Antwerpen 20/07/2025			PB (25m pool): 04:36.00SB: 04:39.14 Brugge 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.67	01:06.14	01:41.65	02:17.48	02:52.95	03:28.17	04:04.00	04:36.23
	00:31.67	00:34.47	00:35.51	00:35.83	00:35.47	00:35.22	00:35.83	00:32.23
								

Coach feedback: